

# BREAKFAST

7:30AM TO 11AM

## LIGHT BREAKFAST

YOGURT PARFAIT  
natural yogurt, house made granola, fresh fruit 9 ½

FRESH DAILY MUFFINS 2.38  
CINNAMON BUNS 4

BREAKFAST WRAP  
scrambled free run eggs, spinach,  
red peppers, mushroom, white cheddar cheese 11  
*Add bacon 2      Add half Avocado 2 ¼*

COTTAGE CHEESE  
fresh fruit 10

MULTIGRAIN BAGEL  
cream cheese 5

EGG BLT  
Choice of Multigrain Bagel or Brioche Bun  
two free run eggs, smoked bacon,  
butter lettuce & basil parmesan mayo 10  
*Add half avocado 2 ¼*

POWER BOWL  
free run hard boiled eggs, spinach,  
herb turmeric quinoa, goat cheese,  
avocado, roasted pumpkin seeds,  
roasted chickpeas & tomato lime salsa 16

## BEVERAGES

COFFEE 3 ½      ORANGE JUICE 3  
APPLE JUICE 2 ½      SPECIALTY COFFEE 4

## TAKE OUT WINES

### WHITE WINES

NESPOLINO BIANCO - Trebbiano/Chard. - Italy  
Citrus, pineapple, papaya, mango 16

POPLAR GROVE - Viognier - VQA  
Lime zest, fennel, Braeburn apples, crisp 24

### RED WINES

NESPOLINO - Sangiovese/Merlot - Italy  
Marasca cherry, blackberry, plum,  
roasted coffee beans, vanilla 16

J. LOHR - Cabernet Sauvignon - California  
Blackberry, blueberry, cherry, hazelnut,  
cocoa powder, dark coffee 26

cedars  
restaurant & lounge  
contemporary rustic cuisine

## TAKE OUT MENU

CALL TO ORDER:  
250-248-2333

## VIEW OUR MENUS ONLINE!

SCAN WITH YOUR  
MOBILE DEVICE:



TIGH-NA-MARA.COM  
1155 RESORT DRIVE

*Please note, since all our dishes are prepared to order, our kitchen operation may involve shared cooking and preparation areas. While we will do our best to meet any dietary or allergy restrictions, we cannot guarantee that any menu item can be completely free of allergens. Applicable taxes and gratuities are additional.*

LUNCH

11AM TO 2:30PM

Add: *grilled chicken* 4 ½  
*prawns* 6  
*grilled salmon or scallops* 8

CAESAR SALAD  
romaine, smoked bacon, herb croutons,  
creamy garlic dressing,  
shaved asiago & parmesan cheese 11 ½

BURGERS  
ground Certified Angus Beef patty, lettuce, tomato,  
aged white cheddar, brioche bun, dill pickle

CLASSIC CHEESE BURGER  
cheddar cheese, Dijon mustard mayo 16

BACON MUSHROOM BURGER  
bacon jam, mushrooms & Dijon mustard mayo 16

CARAMELIZED ONION BURGER  
blue cheese, Dijon mustard mayo 17 ¾

CHOPPED SALAD  
butter leaf lettuce, sweet onion, smoked bacon,  
hard boiled egg, toasted pumpkin seeds,  
Little Qualicum Cheeseworks Blu Clair,  
green goddess dressing 15

POWER BOWL SALAD  
free run hard boiled eggs, spinach quinoa,  
goat cheese, avocado, roasted pumpkin seeds,  
roasted chickpeas, tomato lime salsa 16

SANDWICHES & MAINS

BLT  
grilled chicken, smoked bacon, butter lettuce,  
tomato, basil parmesan mayo 14 ¼

CHICKEN WRAP  
pulled chicken, apple, cabbage, lettuce, red onion,  
age cheddar, chipotle maple mayo 16

HALIBUT & CHIPS  
1 piece tempura, Mount Arrowsmith Blonde Ale,  
coleslaw, tartar sauce 17 ¼  
2 piece halibut & chips 23 ¼

12" RUSTIC PIZZA

12PM TO 9PM

MARGHERITA  
bocconcini, fresh basil, herb tomato sauce 17

CLASSIC PEPPERONI  
pepperoni, garlic & oregano, mozzarella,  
herb tomato sauce 19

MEDITERRANEAN  
roasted artichoke hearts, herb pesto,  
feta cheese, spinach, sundried tomato, Kalamata olives 19

BEEF DIP  
pulled beef, cream sauce, caramelized onion,  
oregano, mozzarella cheese,  
horseradish aioli, red wine demi 22

FORAGER  
portabella, field mushrooms, red peppers,  
mozzarella, goat cheese, herb pesto 20

HAM & PINEAPPLE  
roasted pineapple, honey baked ham,  
herb tomato sauce, mozzarella 20

CHICKEN ALFREDO  
mushrooms, mozzarella cheese,  
caramelized onion 18

MEATLOVERS  
Italian sausage, spice ground beef, bacon bits,  
tomato sauce, mozzarella cheese 22

DINNER ENTRÉES

5PM TO 9PM

Want to experience Cedars in your own home? Try one of our set dinner menus. We've got your family covered for dinner for two or for four with these shared plate menus.

BBQ DINNER  
For two 44 | For four 76

Skillet Bread & Butter  
Caesar Salad  
Rotisserie Chicken  
BBQ Pork Ribs  
Fries & Coleslaw  
Jumbo Chocolate Chip Cookies

CEDARS BURGER PLATTER  
For two 45 | For four 83

Caesar Salad  
Fries  
Jumbo Chocolate  
Chip Cookies  
Classic Cheese Burger: ground  
Certified Angus Beef patty,  
lettuce, tomato,  
aged white cheddar,  
D1ijon mustard mayo,  
brioche bun, dill pickle

CEDARS LAND & SEA  
For two 80 | For four 140

Skillet Bread & Butter  
Potato Gnocchi (Caramelized Onion & Mushroom)  
Braised Beef (Demi)  
Cedar Plank Salmon  
Buttermilk Fried Chicken  
Whipped Mash Potato  
Garden Vegetables  
Cheesecake (Raspberry Purée)  
Peanut Butter Pie  
Flourless Chocolate Torte